

...learn from Me the unforced rhythms of grace...

Loving.
Living.
Learning.

RHYTHM OF LIFE LENT GROUP WEEK 4 : SHARING

LOVING

Jesus said "And you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. This is the first commandment. And the second, like it, is this: You shall love your neighbour as yourself." (Mark 12:30-31)

SHARING - How will God's abundant generosity be evident in my words and actions in my workplace, church, neighbourhood and the wider world?

OPENING WORSHIP

Song: 'Christ be our light' (words on video)

Scripture:

Proverbs 22 v 9

Those who are generous are blessed, for they share their bread with the poor.

Luke 6:37-38

"Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

VIDEO 1 (see separate sheet for transcript)

DISCUSSION

- 1. When did someone share something with you that lifted your spirits?**
- 2. Where do we struggle to share with others?**

TEA BREAK

VIDEO 2

DISCUSSION

- 3. What is it about God that you'd love to share with others? Do you find it difficult? Why?**
- 4. How is your Church sharing the things of God? Is it known for its generosity?**

PLENARY & CLOSING PRAYER

- 5. What would you love others to share with you?**

*Loving God, pouring, pressed down and running over is your great love for us;
all creation abounds with such generosity and profligate grace - we can barely grasp all we have been given.
Help us not to hold so tightly to the tiny amounts in our hands, but to learn to let go and share
all we have been freely given, all we have earned, and all that we have longed for.
May we share with one another as brothers and sisters of the same family, Beloved Children of God,
through Jesus Christ our Lord. Amen*