

...learn from Me the unforced rhythms of grace...

Loving.
Living.
Learning.

RHYTHM OF LIFE LENT GROUP WEEK 2 : CREATING

LIVING

I have come that they may have life, and have it to the full. (John 10:10)

'And God blessed the seventh day and made it holy, because on it he rested from all the work of creating he had done.' (Genesis 2:3)

By committing to shaping our life on a pattern of consistence, stability and rhythm we learn to live life more fully.

OPENING WORSHIP

Song: 'How Great Thou Art' (see separate sheet for words)

Scripture: Exodus 36 v 1-6

Then Moses called Bezalel and Aholiab, and every gifted artisan in whose heart the LORD had put wisdom, everyone whose heart was stirred, to come and do the work. And they received from Moses all the offering which the children of Israel had brought for the work of the service of making the sanctuary. So they continued bringing to him freewill offerings every morning. Then all the craftsmen who were doing all the work of the sanctuary came, each from the work he was doing, and they spoke to Moses, saying, "The people bring much more than enough for the service of the work which the LORD commanded us to do."

So Moses gave a commandment, and they caused it to be proclaimed throughout the camp, saying, "Let neither man nor woman do any more work for the offering of the sanctuary." And the people were restrained from bringing, for the material they had was sufficient for all the work to be done— indeed too much.

VIDEO 1 (see separate sheet for transcript)

DISCUSSION

- 1. What did you last create, for yourself, for someone else, or for God?**
- 2. Is there something you have stopped doing or something you would like to learn to do that could reawaken your creativity?**

TEA BREAK

VIDEO 2

DISCUSSION

- 3. What one thing are you able to do regularly to ensure there is some creativity in every week?**
- 4. What would you most like to create? On your own or with someone else?**

PLENARY & CLOSING PRAYER

- 5. Who would you most like to be creative with and how might your creativity be celebrated?**

Loving God, You have created us to co-create with You, Colour, form and function flourishing free; help us to express that divine spark within us celebrating together with thankful hearts the array of skills and talents that enliven our world; through the arts quicken our hearts and bring us closer to the knowledge of Your transcendent beauty through Jesus Christ our Lord. Amen.